

## Confidential support for everyone, every day

Everyday Advice Line gives access to fully qualified counsellors for counselling and support. Legal or related advice is provided by qualified solicitors, barristers or legal executives. Financial advice focuses on debt management and dealing with creditors, no advice is given on specific financial services.



### **Counselling**

Including relationship difficulties, substance abuse, stress, emotional challenges and bereavement support, from fully qualified counsellors.

### **Medical advice**

Covering paediatrics, infectious diseases, alternative medicine, pre- and post-operative advice and more.

### **Financial help**

Focusing on financial problems and debt management, insurance disputes and welfare benefits.

### **Legal advice**

Advice on domestic problems, personal injury claims, motor-related disputes and property worries, from qualified solicitors, barristers or legal executives.

### **Management support**

Service includes first-line guidance for those dealing with people-management issues.

Everyday Advice Line offers a free confidential phone number for members to use **24 hours a day, 365 days a year.**

# 0800 612 8345

Everyday Advice Line is provided through our partner BHSF. Please quote the name of your employer when asked for your company number.